

**West Boylston Council on Aging Meeting Minutes**  
**January 14, 2010**

Members present: Joanne Vaudreuil, Maureen Osthues, Chuck Hudson, Janice Myers, Janice Ash; Associate Members: Fran McHugh, Diana Engelbart, and Gail Radcliff

Members Absent: Carol McGuiggan & Ed Philbin; Associate Members absent: Nancy Barakian

**Call to Order:** The meeting was called to order at 6:00PM by Chairperson Joanne Vaudreuil

**Secretary's Report:** Diana Engelbart pointed out a typo on the first page. A motion was made, seconded and approved to accept the minutes with the correction made. Joanne will sign the corrected copy and it will be forwarded to the Town Clerk.

**Director's Report:** Managing for Results for the month of December was reviewed by Marcia. She pointed out the continued high amount of Family Assistance due to the open enrollment and changes in Medicare and Medicare supplemental insurance. She reported seniors can still make one change in their insurance before March 31<sup>st</sup>. After that no changes will be allowed until next November 15<sup>th</sup> when open enrollment begins. She will have Fallon Health Plan and Blue Cross here in February to answer any questions and make requested changes. There were 49 cancelations of trips on the van, mostly weather related. The number of meals served remains high, with the average daily Meals on Wheels count approximately 26 meals. Marcia reported she will meet with the Town Administrator, Leon Gaumond, the Boylston Town Administrator, and Jane Meegan the Boylston COA Outreach Worker on Wednesday, January 20<sup>th</sup> to discuss further shared services.

Marcia reported changes in the Social Security Extra Help program that assists seniors in paying for their prescription drug plan costs. This will be in the February newsletter; Marcia stated she is willing to help anyone apply online which takes only about 10 minutes to do.

Marcia reviewed a flyer from Worcester State College their program for seniors 60 and older for free tuition for under grad and graduate courses.

The Board of Health contacted Marcia in regards to sponsoring a H1N1 Flu clinic at the Senior Center. They will pay for the nurses to administer the injections, and will cover any advertising costs. A motion was made, seconded and approved to hold the H1N1 clinic at the Senior Center per the Board of Health regulations. Marcia has set a tentative date of February 19<sup>th</sup> for the clinic and will solidify the date with the VNA Care Network tomorrow.

Marcia passed out copies of Profile of Older Americans: 2009, which she received from EOEA; she felt it was interesting reading and wanted to share it with the Board.

Marcia reviewed upcoming programs as follow: January 19<sup>th</sup> Medication Safety, January 26<sup>th</sup> Diabetic Support Group with Susan Miller, RD to discuss nutrition for Diabetics, Feb 2<sup>nd</sup> Fallon Community Health Plan to answer questions about new plans and help make wanted changes, Feb 4<sup>th</sup> the first of 8 sessions for the AARP Tax Preparer, Feb. 9<sup>th</sup> Reverse Mortgage Program, Feb 12<sup>th</sup> Friend's Valentine Mocktail Party, Feb. 16<sup>th</sup> Better Business Bureau is presenting a program on Scams, Feb 10<sup>th</sup> H1N1 Flu Clinic, Feb 23<sup>rd</sup> Diabetic Support Group speaker will discuss an overview of Diabetes and how best to keep your blood sugar stable, and on Feb 25<sup>th</sup> Blue Cross will be here to answer questions and assist people in making any wanted changes in their plans.

Marcia reported she contacted EOEa on Policies and procedures; a couple of COA's are sending their info to Marcia, and she will start putting policies together to present to the Board.

Marcia reported that the 1995 red escort was sold for \$600.00 on New Year's Eve to a senior in Town. Janice Ash spoke and reported that after putting new tires on the vehicle, the owner had the transmission go; he put fluid in and had to have a new line put on, but needs to replace the transmission because it only goes in low gear! Two days ago, the radiator let go, and there was a puddle of fluids under the car. He is willing to keep the car do the repairs if we can return some of his money! A motion was made and seconded to return \$500.00 to David Gomes from the Gift Account where the payment was placed. During the discussion, it was brought up, that if we took the car back, we could not sell it, and we would have to have it towed to a garage. It made better sense to give him back \$500.00 and have him keep the car. A vote was taken, it was unanimous to return the \$500.00 and have him keep the car.

Marcia reported Paul Henault was in an accident with the van on Gold Star Blvd; he was cut off by another car that came from the right lane into the left without warning. The van bumper caught his fender and tore it off, no damage to the bumper, but he had a ski rack on his vehicle, which caught our right mirror, and damaged the fender. The other driver was cited for failure to keep right. Both Paul and the passenger are fine. The van is drivable and a quote was faxed to the insurance company to get he fender fixed.

**Old Business:** Marcia passed out a draft of 2010 goals; she asked for everyone to read them over and bring them to the next meeting with ideas. Marcia reported she would be meeting with Nancy Lucier, the Town Administrator Nancy Colbert from Boylston and Jane Meegan from the Boylston COA on Wednesday, January 20<sup>th</sup> to discuss areas of shared programs.

**New Business:** Marcia passed out copies of the COA by-laws; Joanne asked we review them, and we will discuss them at the next meeting.

**Next Meeting will be February 11<sup>th</sup> at 6PM**

Meeting was adjourned at 7:15PM

